



The Parish School Menu May--2017

Monday	Tuesday	Wednesday	Thursday
1-May	2-May	3-May	4-May
Turkey Meat Sauce with Penne Pasta, Fresh Green Beans, Fresh Cut Fruit Diced Veggies & Black Beans in Marinara Sauce Turkey & Swiss Sandwich	Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu Ham & Cheese Sandwich	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baked Baguette, Fresh Cut Fruit Veggie Sausage & Rice Casserole Grilled Cheese Sandwich	Grilled Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit 100% Beef Hot Dog
<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich
8-May	9-May	10-May	11-May
Pasta Primavera, Baked Chicken Breast, Zucchini, Fresh Cut Fruit Grilled Tofu Turkey & Swiss Sandwich	Turkey and Cheese Cubes, Whole Grain Crackers, Cucumber, Ranch Dressing Fresh Cut Fruit Diced Veggies & Assorted Cheese Cubes Ham & Cheese Sandwich	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadillas Grilled Cheese Sandwich	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu 100% Beef Hot Dog
<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich
15-May	16-May	17-May	18-May
Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili Turkey & Swiss Sandwich	Turkey and Cheese Croissant Sandwich, Potato Salad, Sliced Cucumbers, Fresh Cut Fruit Assorted Cheese Croissant Ham & Cheese Sandwich	Grass-fed Beef Meat Loaf, Mashed Potato, Sautéed Green Beans, Fresh Cut Fruit Veggie Meatloaf Grilled Cheese Sandwich	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu 100% Beef Hot Dog
<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich
22-May	23-May	24-May	25-May
Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu Turkey & Swiss Sandwich	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger Ham & Cheese Sandwich	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast & Pasta, Fresh Baked Baguette, Fresh Cut Fruit Brocc, Cauli & Cheese Casserole Grilled Cheese Sandwich	Turkey and Cheese Wrap, Cucumbers, Ranch Dressing, Fresh Cut Fruit Assorted Cheese Wrap 100% Beef Hot Dog
<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich
29-May	30-May	31-May	1-Jun
<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich	<input type="checkbox"/> Regular <input type="checkbox"/> Large <input type="checkbox"/> Sandwich

*Vegetarian Option

Regular/Sandwich - \$ 4.25, Large - \$5.25

PLEASE COMPLETE ONE ORDER PER CHILD

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Parish School Payment'. Enter the Name of the student. Select 'Class'. Select 'Dietary Restrictions' if applicable. For each 'Date' you would like to order, select the 'Drop Down Item' for Regular, Large or Sandwich. Click 'Add to Cart'. Enter Billing Info and 'Submit Order'.

- Burr Oak Cottage
- Chestnut Oak Cottage
- Laurel Oak Cottage
- Post Oak Cottage

Name:

Dietary Restrictions:

ALL ORDERS ARE DUE BY 4/25/2017